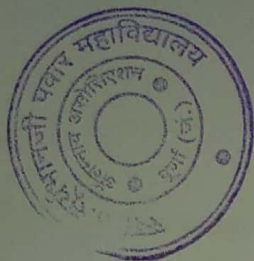


Best practice -I
Activities 2020-21

Training programme for women adolescent girl and children regarding Home science activities.

Every year Department of Home-Science organizes various training programme and activities for women. Adolescent girls and children. During the academic year 2020-21 activities planned and implemented are given below.

Sr. No.	Name of the activity	Date	No. of Beneficiaries
01	Covid-19 nutrition awareness	09/08/2020	63
02	National nutrition week celebration	1-7/09/2020	63
03	Understanding our mind better	02/10/2020	25
04	Healthy lifestyle management during and after covid scenario	20/10/2020	29
05	Health and hygiene for girls students under Vidyarthi Manch	09/12/2020	61
06	Career opportunities in community science 26 November 2020	26/11/2020	30
07	Power of positive thinking and stress management in present time	23/01/2021	30
08	Entrepreneurship job opportunities and emerging trends in home science	25/02/2021	68
09	Goal setting and personality development	06/05/2021	67
10	Effect of dietary changes on health during covid-19 pandemic	17/07/2021	90
11	Textile training	10/07/2021	51
12	Textile embroidery training	18/07/2021	55
13	Diet during covid-19	19/07/2021	58
14	Tree plantation ,millets and vegetable seed conservation and compost and vermi compost making from farm waste activity at Katneshwar	24/08/2021	68
15	Tree plantation ,millets and vegetable seed conservation and compost and vermi compost making from farm waste activity at Aherwadi	25/08/2021	57
16	Tree plantation ,millets and vegetable seed conservation and compost and vermi compost making from farm waste activity at Kanhegaon	27/08/2021	52
17	Tree plantation ,millets and vegetable seed conservation and compost and vermin compost making from farm waste activity at Gour	28/08/21	48
18	Covid-19 diet before, during and post covid	17/09/2021	56
19	Seed conservation and compost making from domestic waste activity for local women	25/09/2021	24
20	Awareness of women law	12/10/2021	38
21	Career guidance	12/10/2021	39
22	Tree plantation, millets and vegetable seed conservation and compost and vermi compost making from farm waste activity at Kantheshwar	30/10/2021	28



Action taken Report Best Practice – I

Academic Year – 2020-21

Action Planning	Action Taken
<ul style="list-style-type: none"> To create Nutrition Awareness among rural women, adolescent girls and children To create Health Awareness among rural women, adolescent girls and children To give training of tie and dye a textile printing method for economic upliftment of rural women. To give training of knitting and embroidery 'Skills' for enterprise development. To create Millet awareness and seed conservation in local community and village farmers To create environment awareness in local community and village farmers To create potting bag (kitchen Gardening) awareness and seed conservation in women To create awareness about compost making from domestic waste in women To create potting bag awareness and seed conservation in farmers To create awareness about compost making from farm waste in farmers 	<ul style="list-style-type: none"> A online platform was made available to women ,girls and children on ---- covid -19 and Nutrition on 19 August 2020 ,organized by Akkamadevi women university ,Vijaypura. National Nutrition week during 1-7 sept. 2020,organized by Dept. Of Home science Arts and commerce Mahila Mahavidyalaya ,Ambajogai. Understanding our mind better on .2nd oct,2020. Healthy lifestyle management during and after covid scenario on 20 oct. 2020. Health and Hygiene for girl students under vidyarthi munch on 9th Nov, 2020 career opportunities in community science, organized by VNMKU, Parbhani on 26 Nov. 2020. Power of positive thinking and stress management in present time. On 23 Janu . 2020 Entrepreneurship job opportunities and emerging trends in home science.on 25 feb. 2021 Goal setting and personality development on 6th May 2021 Effect of Dietary changes on health during covid 19 pandemic on 17th July 2021 Awareness of women laws on 12 oct. 2021 Career guidance on 12 oct. 2020 Diet during covid -19 on 19 July 2021 Covid -19 effects on Diet culture on 27 march 2021 Covid -19 Diet before ,during and post covid on 17 sept. 2021. Online Textile training was organized on 18 July 2021 Online Textile embroidery training was organized on 18 July 2021 Seed Conservation and compost making from domestic waste activity was organized for local women on 25th Sept. 2021 Tree plantation , millets and vegetable seed conservation and compost and vermi compost making from farm waste activity was organized – At Katneshwar on 24 August 2021 At Aherwadi on 25th August 2021 At Kanhegaon on 27th August 2021 At Gour on 28 August 2021 At Kantheshwar on 30 th Oct.2021

Guidelines of IQAC and submission of AQAR for Affiliated/Constituent Colleges

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 Dist. Parbhani



Best Practices II
Child Guidance and Nutrition Counselling Centre
Activities 2020-21

Child guidance and Nutrition counselling centre was established in Feb 2017 in the department of Home-Science. From its establishment various activities are run through CGNC in the academic year 2018-19, following activities were taken by the Home- Science department.

Sr. No.	Name of the Activity	Date	No. of Beneficiaries
01	BMI Calculation	June2020 -August 2021	72
02	Diet Counselling	June2020 -August 2021	22
03	Therapeutic diet counselling	June2020 -August 2021	98
04	Counselling to pregnant women	June2020 -August 2021	08
05	Counselling to lactating mothers	June2020 -August 2021	12
06	Diet counselling to middle age women	June2020 -August 2021	08
07	Diet counselling to old age woman	June2020 -August 2021	09
08	Assessment of nutritional status	June2020 -August 2021	32
09	Assessment of intelligence quotient of children	June2020 -August 2021	16


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Action taken Report Best Practice – II
Academic Year 2020-21

Action Planning	Action Taken
<ul style="list-style-type: none"> • To give Diet counselling to people in community and college students during covid pandemic period. • To give Guidance and Counselling about Scientific care during pandemic period and hygienic Practices. • To give nutrition counselling to all age groups. • To give therapeutic diet counselling • Assessment of Nutritional Status of Children, adolescent girls and women • Assessment of intelligence quotient (I.Q.) of children • To calculate BMI of students, teaching and non-teaching Staff of the College 	<ul style="list-style-type: none"> • Online Diet counselling was given to several people in community and college students during covid pandemic period. during June 2020 to Sept.2021 under -C.G.N.C. S.S.S.P.C. Resource Person: Dr. Surekha Gaikwad Asst. Prof. vaishali lone • Online Guidance and Counselling about scientific care during Pregnancy was given to Pregnant women during June 2020 to Sept.2021 under -C.G.N.C. S.S.S.P.C. Resource Person: Dr. Surekha Gaikwad Asst. Prof. vaishali lone Beneficiaries: 06 Pregnant women • Online Guidance and Counselling about care during lactation Period and Supplementary Food during babyhood was given to lactating women during June 2020 to sept. 2021 .Under C.G.N.C. S.S.S.P.C. Resource Persons: Dr. Surekha Gaikwad Asst. Prof. Vaishali lone Beneficiaries-07 Lactating women • Online Diet and Nutrition Counselling was given to various age People, During June 2020 to sept. 2021 Under C.G.N.C., S.S.S.P.C. Resource Persons: Dr. Surekha Gaikwad Asst. Prof. Vaishali Lone Beneficiaries-14 Persons. • Online Therapeutic Diet Counseling was given during June 2020 to Sept. 2021 Under C.G.N.C., S.S.S.P.C. Resource Person: Dr. Surekha Gaikwad Asst. Prof. Vaishali Lone Beneficiaries – 06 women's & girls • Assessment of Nutritional Status was carried through Height and Weight during June 2020 to sept. 2021 Under C.G.N.C., S.S.S.P.C. Resource Person: Dr. Surekha Gaikwad Asst. Prof. Vaishali Lone Beneficiaries – 32 • Assessment of Intelligence quotient of children was conducted online during June 2020 Sept. 2021 Under C.G.N.C, S.S.S.PC Resource Persons : Dr. Surekha Gaikwad Asst. Prof. Vaishali Lone Beneficiaries' :16